

2. Pooh Sticks Bridge and Fresh Farm Eggs

Distance – 2 miles

Duration – Approx 1 hour 45 mins – 2 hours with young children

Description – mostly footpaths through fields, some short steep hills up and down, pretty woodland and stream.

Go out the front door and turn immediately right past the farm buildings and farm yard.

At the brow of the low hill, turn first right down the bridle track between the 2 dry stone walls.

Keep straight ahead until track bends to the right. Just before the bend turn left through the narrow gate/stone stile.

Follow the path through the field, keeping close to the wall on the right hand side. Just after the path begins to go down hill cross the wall on the right using the stone stile. There is a bramble thicket just ahead.

Go diagonally across the field, across a tumbled down wall, and drop down the steep bank to the trees. The path zigzags back to the left along the barbed wire fence to a stile.

Cross the stile and go over the bridge (ideal for Pooh Sticks).

Follow the path up through the trees, stream on the left. In the spring there are many bluebells here, but nettles can take over in the summer – in which case you can just climb over the wall to the right and go up the field, going back over the wall to rejoin the path at the brow of the hill.

Follow the path until it joins a track at a T junction.

Turn left down the track, and keep ahead through the farmyard. If you call at the farm they usually have free range eggs for sale (£2.50 per doz).

Bear left down the drive and rejoin Cross Stone Road.

Turn left and follow Cross Stone Road back to Rodwell Head.

